

HOW TO SPEND 3 DAYS IN ROME

Rome is the capital of Italy and one of the most important and beautiful cities of the country! With layers of history, Rome is really a stunner! But it can be overwhelming to be in Rome as a first time visitor and though one life isn't enough to see Rome one can pack a lot of Rome in 3 days if time is efficiently managed.

That's why I got you covered!

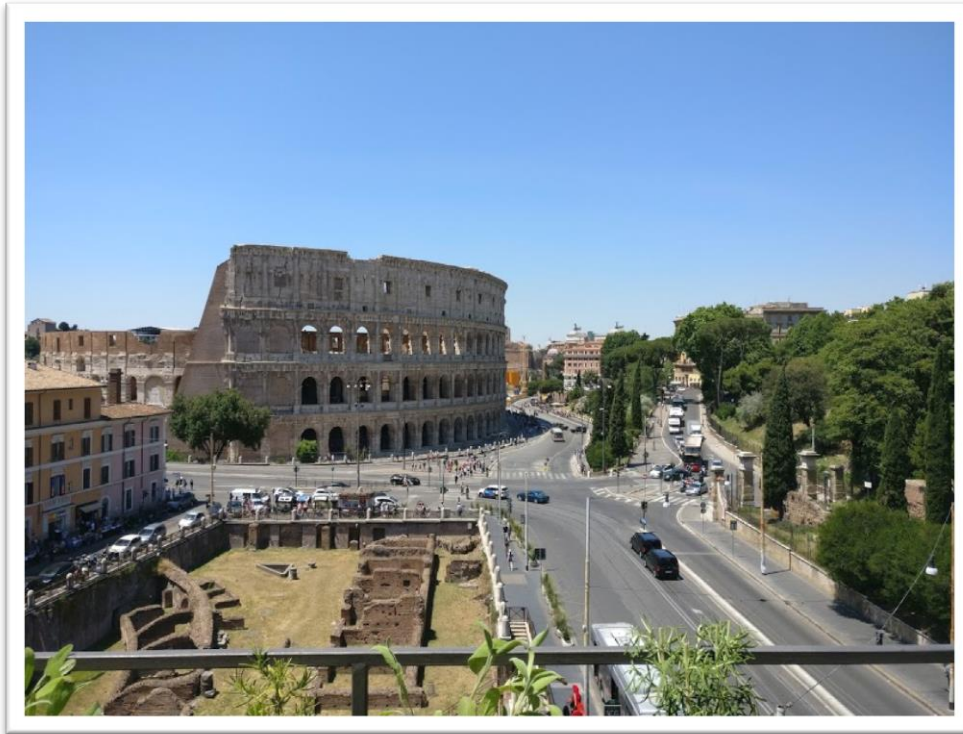
If you are a first time visitor in the city, enjoy this itinerary of "HOW TO SPEND 3 DAYS IN ROME" with travel tips, personal recommendations and places to eat/stay!



3 DAYS IN ROME

DAY 1:

-**The Colosseum:** Start your first day with the Colosseum. No one can visit Rome and miss this fascinating piece of history. Take a walk around the amphitheater and visit inside with the guide. Make sure you are carrying a map of the city.



-**The Roman Forum:** A stone's throw away from the Colosseum is the Roman Forum- a collection of ruins that was once the centre stage of the politics of the Roman Empire. If you want to understand Rome a little deeper, I suggest you make a stop here to know more from the era.

-**Campo de' Fiori:** Translated as “Field of Flowers”, Campo de' Fiori is the place to people watch and relax. Since you have spent more than half the day with ancient history, now just go and admire the Fontana delle Tartarughe (Turtle Fountain) and orange colored alleys of Rome. Don't do too much. Book a cozy restaurant for dinner.

-**Castel Sant'Angelo:** If you thought the Roman Forum was inspiring and grandiose, the [magnificent Castel Sant'Angelo](#) will blow you away! Located at the intersection of Rome and the Vatican, it is a photographer's dream. There are guided tours to see this mausoleum from inside. If you don't wish to go inside, just grab a gelato and people watch.

BONUS TIP

Buy the Roma Pass that gives unlimited transport for 3 days along with free access to the Colosseum + 2 free museum visits (on the list).

EAT & DRINK

Cafe Roscioli: Via dei Giubbonari, 21/22

Aroma restaurant: Via Labicana 125

Bar Farnese: Via Dei Baullari 20

Fatamorgana: Via Laurina, 10

DAY 2

-The Vatican: Start your second day early with The Vatican. It takes almost half a day (or maybe more depending on your pace), so book your tickets well in advance from the official website. Also consider taking a private tour to see it in the best way.

Ignore the tours that many people sell (they will grope you) just outside the Vatican.



-Trastevere: Make your way to the picturesque neighborhood of Trastevere and admire its street art, ivy clad homes and buzzing Bars. Eat at any of places mentioned below and be prepared to take a million photos for Instagram.

-Testaccio: If you have the energy to see more of Rome, head to the neighborhood of Testaccio (very close to Trastevere) to see the real Roman life. Enjoy a coffee/drink at the [Vintage tram depot](#) and then walk to see the 2000 year old thousand Pyramid in the city!



EAT & DRINK

Terrace Bramante: Largo Febo 2

I Suppli: Via di San Francesco a Ripa 137

Da Enzo: Via dei Vascellari, 29

Trapizzino: Via Giovanni Branca 88

BONUS TIP

Some of my favourite recommendations for Travel Tours include [The Roman Guy](#), [Walks of Italy](#) and [Context Travel](#).

DAY 3

Spanish Steps: Your last day in Rome should be a mix of fun and history. Head to the baroque styled steps in the heart of the city and have a coffee or gelato while you enjoy your morning.

Trevi Fountain: Move to the most popular sight in Rome. Fontana di Trevi! You will see tourists thronging from 8 in the morning to 11 in the night. But that should not deter you from seeing the most stunning fountain in the world! It is best enjoyed in the morning when the daily cleaning takes place.

The Pantheon: Enjoy a leisurely stroll towards the Pantheon- a Roman church where the artist Raphael is buried. A jaw dropping sight, The Pantheon is another of Rome's most visited places like the Trevi Fountain. As gorgeous as it is from the outside, don't miss the inside, it is nothing short of an architectural marvel.



-Piazza Navona: Just next to The Pantheon is this huge piazza (square) filled with baroque fountains, musicians and artists. Piazza Navona also has some of the most expensive and touristy restaurants so keep in mind where you eat! Wrap up your last time at this piazza.

EAT & DRINK

Caffé Perù: Via di Monserrato, 46

Hosteria Grappolo D'Oro: Piazza della Cancelleria, 80

Santa Lucia Ristorante: Largo Febo, 12

Gelato del Teatro: Via dei Coronari, 65

WHERE TO STAY

The Beehive: Via Marghera, 8 (2 steps from Termini station)

Hotel Albergo del Senato: Piazza della Rotonda, 73 (opposite The Pantheon)

Yellow Hostel: Via Palestro, 51 (5 minutes from Termini station)

Hotel Eden: Via Ludovisi, 49

For more central options check **Airbnb** in the neighborhood of Rione Monti (next to Colosseum).

BONUS TIPS:

-Consider taking a [Vespa tour with Bici & Baci](#)

- Visit [Orvieto](#) or Florence for a day!

-If you are a fan of *The Roman Holiday*, take a walk in Via Margutta to see the filming locations of the movie.

-Better yet, soak in the charm of the eternal city and travel slow.